

body

HOT BODY OIL & LOTION
NOT SHIMMER

Shimmering flecks enhance a tan but can look unnatural come autumn. Instead, nourish your skin after showering, while skin is still damp, by using long, firm strokes to apply a thin layer of body oil, such as Tropical Spa Treatment Oil, £19, by Calmia. Follow with a body lotion, like Blu Mediterraneo Nourishing Body Cream, £33, by Aqua di Palma.

HOT SCRUBS & BODY BRUSH

Dry skin needs to be scrubbed away to allow fresh new skin to shine through. Use a body brush every day, and exfoliate regularly. Try Body Brush, £17, by Elemis (3), and Exfoliating Salt Scrub, £24, by Jo Wood Organics.



HOT

10

HOT POWDER PINK BLUSH
NOT CREAM PINK BLUSH

Pink cheeks illuminate the face at any time of year. Powder blush gives a velvety finish – perfect for colder months. Try Blush in 34 Rose d'Or, £6.25, by Bourjois (10).



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HOT

HOT

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HOT MATTE FOUNDATION
NOT TINTED MOISTURISER

As your tan fades, skin needs more help to create an even tone. Pick a foundation with a semi-matte finish, like True Match Foundation, £8.99, by L'Oréal Paris (4), then set with a loose powder, like Prisme Libre, £35.50, by Givenchy.



HOT

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HOT METALS
NOT BRIGHTS

Rich metallic eyes are ideal for autumn. Try Pure Gold, £4.99, by L'Oréal Paris (7), Eyeshadow in Amber Lights Frost, £10, by Mac (8), and Color Appeal Chrome Shine Eyeshadow in 168 Brown Lamé, £4.99, by L'Oréal Paris (9).



HOUSE OF HOLLAND



DOLCE & GABBANA



DAKS



NOT

5



HOT

6



DOLCE & GABBANA

HOT DARK POLISH
NOT NEON NAILS

Neon nail polish (5) is a summer staple. But with a darker autumn wardrobe, opt for a more sophisticated metallic tone, such as bronze or copper. Try Wrapped in Rubies 628, £8.50, by Essie (6).

make-up

HOT EYEBROW PENCIL
NOT TWEEZERS

Be disciplined with your tweezers – brows will be bushy this autumn. Keep them brushed up at the inside corners and make them stand out with a pencil in a shade slightly darker than your natural hair colour. ➤



NOT